



# CAMP CRUSH



## 2010 FALL SOCCER ACADEMY

At the 'Fields For Kids' in La Crosse

September 18 & October 2, 9, 16, 23

**Camp Crush** is designed to provide a challenging mixture of technical and skill development drills through a variety of advanced training intervals. Each player will be encouraged to further develop his or her technical ball skills while reinforcing a teamwork approach. Players are sure to have fun in this quick-paced and non-repetitive clinic format.

Fall Program Director John Mazzola and his team of experienced CRUSA coaches will be on-site to ensure proper teaching and implementation of camp drills. Players will be placed in fun yet challenging pressure situations and taught to make smart decisions. Touching the ball is the key to the technical side of **Camp Crush**. The second half of the session will break up players into small-sided 4v4 and 6v6 games. Game play situations will further sharpen and enforce the technical session through a game model.

**Camp Crush** will focus on developing a positive attitude and building player confidence one goal at a time!

*New This Fall - "The Gauntlet" - The Ultimate Dribbling Challenge*

### What Each Player Should Know

- Each player must dress in t-shirts, shorts, shin guards and bring a sweatshirt/jacket and their own water bottle.
- Soccer cleats or gym shoes are required.
- Please bring a soccer ball. **Ages U5 - U8: Size 3 ball, U9 - U12: Size 4 ball, U13 & up: Size 5 ball.**
- Players will be divided into groups based on skill, age, & gender based on session attendance
- Registration is limited by the number of available coaches in order to have an effective ratio of coaches to players.

### Registration Information

<u>Player Age</u>	<u>Session Time</u>	<u>Registration Fee</u>
U5 – U8	8:30 – 9:30 am	\$45 per Child (\$5 discount for each additional child)
U9 – U11	9:45 – 10:45 am	\$45 per Child (\$5 discount for each additional child)
U12 - U14	11:00 am – 12:00 pm	\$45 per Child (\$5 discount for each additional child)

To register, please complete form below, include registration fee & mail to:

CRUSA, PO Box 2714, La Crosse, Wisconsin, 54602-2714

Questions? Email [staff@crusa-soccer.com](mailto:staff@crusa-soccer.com)

Player Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Age: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_ Email: \_\_\_\_\_

Phone: \_\_\_\_\_ Address: \_\_\_\_\_

I, the undersigned, individually and as parent(s) and guardian(s) of \_\_\_\_\_, a minor, ask that he/she be admitted to participate in the CRUSA's Camp Crush Fall Academy Program. In consideration of such admission, I do hereby agree to release, discharge, and hold harmless, the CRUSA Soccer club and all of its affiliates, officers, agents, volunteers and employees from all causes, liabilities, damages, claims or demands whatsoever on account of any injury, accident or death involving the said minor arising out of their attendance.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date